

# Youth Sidekicks Follow-Up Feedback Survey

<https://goo.gl/forms/9DHjxbinqFdyDvtf1>

Please complete this survey if you have been trained as a youth Sidekick and have had a follow-up meeting with your Adult Advisor, Adult Ambassador, or District Tobacco Prevention Partner.

The results of this ANONYMOUS survey go to MaineHealth Center for Tobacco Independence's Tobacco Prevention Services team for review and help us make sure we are meeting the needs of youth Sidekicks in Maine. Your feedback is extremely important!

If you have any questions about this survey and/or anything related to Sidekicks, please email or call MaineHealth Tobacco Prevention Services at [tobaccopreventionservices@mainehealth.org](mailto:tobaccopreventionservices@mainehealth.org) or 661-7835.

**Thank you for taking the time to complete this survey. Your efforts are greatly appreciated!**

Today's Date: \_\_\_\_\_

Your Initials: \_\_\_\_\_

Your Age: \_\_\_\_\_

Your Gender:

Female

Male

Non-Binary/Third Gender

Prefer Not To Answer

Prefer To Self-Describe: \_\_\_\_\_

Your Town (Requires A Response): \_\_\_\_\_

What Do You Like Most About The Sidekicks Curriculum So Far?

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What Do You Like Least About The Sidekicks Curriculum So Far?

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How Do You Think Youth Are Responding To Sidekicks In Your Community? (Circle One)

Positively

Neutral

Negatively

Unsure

Share Any Examples Of How You've Seen Sidekicks Impact Youth And/Or Your Community:

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Since Becoming A Sidekick, Who Have You Talked To About Their Tobacco/Nicotine Use? (Check All That Apply)

- Only One Friend/Peer
- More Than One Friend/Peer
- Only One Family Member
- More Than One Family Member
- I Have Not Had A Conversation With Anyone About Their Tobacco/Nicotine Use
- Other

If You Haven't Talked To Anyone About Their Tobacco Use Since Becoming A Sidekick, Please Share Why:

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Before Becoming A Sidekick, Had You Ever Talked With Anyone (Friends, Peers, Family, Etc.) About Their Tobacco/Nicotine Use? (Circle One)

Yes    No    Unsure

Please Rate Your Confidence As A Sidekick Today. (Check One)

- My Confidence In Talking With My Peers About Tobacco/Nicotine Use Has NOT AT ALL Increased Since I Became A Sidekick.
- My Confidence In Talking With My Peers About Tobacco/Nicotine Use Has Increased A LITTLE Since I Became A Sidekick.
- My Confidence In Talking With My Peers About Tobacco/Nicotine Use Has Increased A LOT Since I Became A Sidekick.
- I'm Not Sure Right Now.

What Types Of Support Do You Need To Continue Being A Sidekick? (Check All That Apply)

- Regular Check-ins With Adult Advisor And/Or Ambassador.
- Materials To Hand Out To Friends/Peers.
- Things To Say To Family Members About Their Tobacco/Nicotine Use.
- Things To Post To My Social Media.

Other: \_\_\_\_\_

Please Share Anything Else You'd Like Us To Know About Your Experiences With Sidekicks So Far:

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