MaineHealth Center for Tobacco Independence

Youth & Adult ENDS Resources

Guidelines on utilizing these resources properly and effectively.

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Youth ENDS Presentation

Developed as a joint effort of the MaineCDC, Maine Prevention Service Domain Vendors, and MPS sub-recipents.

General presentation content: What are ENDS, why do teens use ENDS?, how is the media influencing Maine teens, what we know about vaping and action steps available for youth.

<u>Use:</u> The Youth Presentation is intended to be used by CTI, District Tobacco Prevention Partners, and other Maine Prevention Services Sub-recipients.

Audience: Youth

Facilitator's guide: under development and slated to feature ice breaker activities, additional tools, additional background information, and tips for asking open ended questions.

General presentation content: includes education on ENDS, statistics of teen ENDS use in Maine, the targeting of youth in Maine by media, public health consequences of ENDS and resources available.

Use: The Adult Presentation is intended to be used by CTI and District Tobacco Prevention Partners. It is a presentation that combines information from CTI as well as Rinck based on a presentation previously developed.

Audience: Adults over 18

<u>Notes:</u> It is highly recommended to familiarize yourself with the various resources located within the comment section of the resource.

Adult ENDS Presentation

General information and guidelines

- These presentations have been reviewed and approved by the Maine CDC for public use. Maine CDC has asked that you report on when these presentations are used.
- Please use the intermediate metrics tab in your reporting workbook.
 Please include:
 - which presentation was used
 - when and how it was used
 - a rough estimate of how many people were in the audience.
- Both presentations can be found on the DTPP Resource Page

- Modifications allowed: removing slides, changing the format, making minor changes to the wording.
- If you want to include new slides that significantly deviate from the information contained, you MUST consult the TPS team first.
- Key takeaways are included in the notes section of the presentations to help shape your presentation and increase your own comfort level with the subject matter.
- These presentations are not intended to stand alone. When asked to present, please ensure that these presentations are coupled with the additional resources and opportunities that you can provide.

General information and guidelines

Additional Resources & Recommended Reading

- Surgeon General's Report: https://e-cigarettes.surgeongeneral.gov/ o Valuable resources, information and soundbites
- Public Health Consequences of E-Cigarettes:

http://nationalacademies.org/hmd/Reports/2018/public-health-consequences-of-e-cigarettes.aspx:

- o This is the most comprehensive and recent source of information.
- Tobacco Free Kids / Maine Data: https://www.tobaccofreekids.org/problem/toll-us/maine:
 o Helpful data
- TFK & Where There's Smoke: https://www.tobaccofreekids.org/press-releases/2018_08_27_ftc & https://www.takeapart.org/wheretheressmoke/o Marketing tactics of Big Tobacco and recent developments in marketing to youth
- FDA Center for Tobacco Products: https://www.fda.gov/TobaccoProducts/default.htm o Also a wealth of resources, especially from the regulator's side. It is important to understand the authority FDA has (and doesn't have) over electronic products.